

Thank you for purchasing our company's fascia gun. Before use, please carefully read the operation manual and pay special attention to safety precautions to ensure the correct operation and use of this product. The operation manual provides users with safe and effective operating methods. Please keep it properly stored after reading it for future reference and inquiries.

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01 Important Instruction

Warning

To reduce the risks of burns, fire, electric shock or injury, please read all instructions before using.

Prohibit

1. It is forbidden to use under 18 years of age. This product is not a toy. Please take care of children and do not play!
2. If the product falls into the water accidentally, it must be repaired, otherwise it must not be used!
3. It is forbidden to disassemble the screws or attempt to disassemble the product. Modifying the fascia gun in any way may cause personal or property damage!
4. It is forbidden to use it on the head, neck or near the heart, otherwise it may cause life danger!
5. It is forbidden to use it directly on any body spine! It is forbidden to use it near the spine without doctor advice, otherwise it may cause nerve damage!
6. If you have been injured, it is forbidden to use this product on or near the wound!
7. It is forbidden to use other chargers (not 5V output) to charge the product, otherwise it may damage the product or cause a fire!
8. Do not allow fingers, hair, or any other parts of the body near the impact shaft outlet, as this may result in bodily injury.



Don't touch this area when starting the machine before installing the massage head.



Do not touch this part when starting the product

Important matters

If you want to use it in any of the following situations, do not use the fascia massage gun without the doctor's prior consent: pregnancy, diabetic complications (such as neuropathy or retinal damage), wearing a pacemaker, recent surgery, epilepsy or migraine, intervertebral disc herniation, spine advancement, vertebral detachment or spine joint stiffness, recent joint replacement surgery or UD, metal needle or steel plate and any other health-related problems.

People who are physically weak should use any vibration equipment accompanied by a nursing staff. These contraindications do not mean that you cannot use vibration equipment or training equipment, but we recommend that you do consult a doctor before use.

The current ongoing research is about the impact of vibration training on certain medical diseases. Practical experience has shown that in many cases, incorporating vibration training into treatment regimens is also a therapeutic suggestion. This must be done under the advice of a doctor, specialist, or physiotherapist, or under their supervision.

Warning and cautions

1. This product is not recommended to be used by people (including children) who are physically impaired, sensory or mentally impaired, or lack relevant experience and knowledge, unless someone responsible for their safety supervises and guides their use of this product;
2. This product is not a sexual product, do not use on private parts;
3. This product is not a medical device and cannot be used for self-treatment. If it is intended to be used to restore muscle damage, please consult your doctor;
4. Do not use it on any hard or boney parts. Please adjust your strength to avoid bruising in the massage area. It is suitable to use the product on the soft tissues of the body without causing any pain or discomfort;
5. Do not use it on wet skin surfaces, you can gently press and move it across clothes or fabrics;
6. Do not use within one hour before or after eating to avoid adverse effects;
7. Do not use this product when you are drunk or unwell. If you feel unwell during use, please stop using it;
8. Do not let the control panel come into contact with liquids such as water, and do not operate the control switch with wet hands;
9. Do not place any objects in the vents of the product, and do not insert or drop objects into any openings of the product, Blocking the vents may cause the internal components to become too hot and cause malfunctions or damage;
10. Do not drop or use the product improperly;
11. When charging, do not pull the power cord or use the power cord to hang the product, so as to avoid wire breakage or poor contact;
12. If the product power cord is damaged or malfunctions, in order to avoid danger, stop using it immediately and send the machine to the manufacturer or its designated maintenance unit for repair before use;
13. Using unapproved or incompatible power supplies, chargers or batteries may cause fire, explosion or other dangers.

Environmental conditions

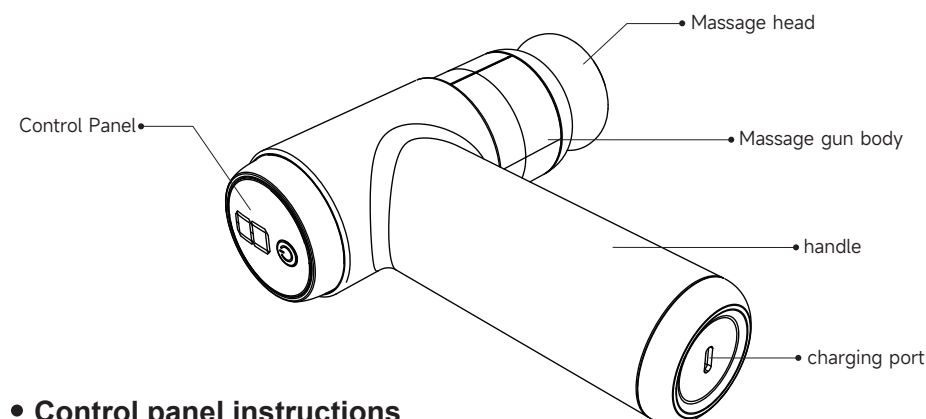
1. Do not use the product under damp environment such as a bathroom or near a water source, so as to avoid malfunctions and even endanger personal safety;
2. Do not use in an environment where the room temperature is higher than 40°C or placed in a partial high temperature environment such as electric heaters or stoves;
3. Do not use the product in an environment where the room temperature is lower than 5°C, because the thickening of the lubricating oil may increase the abrasion of the machine's transmission parts and affect the service life;
4. Do not charge the product in an environment with a temperature lower than 0°C and an environment higher than 50°C, otherwise the battery life will be affected;
5. Do not use it outdoors or under long-term exposure to the hot sun, which may damage the paint layer;
6. If the product is moved from a low-temperature storage place to a warm environment for use, the internal metal parts may accumulate water vapor and affect the normal operation of the product, and even cause damage to the machine. It is recommended that the product be placed at normal room temperature for one hour before turning on the machine;
7. Do not use this product during thunderstorms, as thunderstorms may cause product failure or electric shock.

02 / Product Descriptions

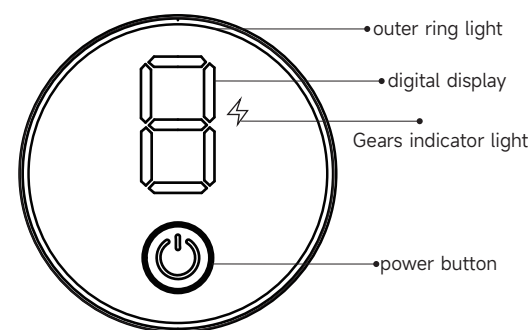
• Product features

1. The DRS-8000F2 fascia gun is a therapeutic product designed for muscle relaxation after exercise.
2. Its ultra-high vibration frequency and long-stroke reciprocating motion can provide deep percussion therapy massage to various parts of the body such as muscles.
3. It is equipped with a high-capacity lithium battery for convenient carrying in various scenarios such as office, home, travel, and sports.
4. It supports USB standard chargers, fast chargers, and PD chargers, with a built-in safety charging circuit.

• Product pictures and part description



• Control panel instructions



Power button: Long press 1.5 seconds to turn on; Long press 1.5 seconds to turn off; Short press to switch the massage intensity gear.

Indicator light: During the charging process, the battery indicator light shows a red pulsating light; Once fully charged, the battery indicator light turns green. During use, when the power is less than 10%, the red light flashes slowly, and the power is less than 3%, the red light flashes for 3 seconds after the power is turned off.

Note: The arrangement of switches and buttons on the control panel may vary for different models. Please refer to the actual product inside the package for details.

03/ Product Specification

Product name	Massage Gun
Product model	DRS-8000F2
Power adapter	7.4V $\equiv$
Charging voltage	5V $\equiv$ USB
Battery capacity	2200mAh
Charging time	About 4 hours
Timing time	10 Minutes
Speed	6 adjustable speed (1600rpm/1800rpm 2000rpm/2200rpm/2400rpm/2600rpm)
Executive standard: GB4706.1-2005/GB4706.10-2008	

Note: Our company will continue to improve product performance and appearance, if there is a change, we will not notify separately.

04/ Use Instruction

1. Select the appropriate massage head, hold the body of the device with your hand, and follow the steps below to power on/off and select the suitable massage intensity level.;
2. Power button: Press and hold for 1.5 seconds to power on. While powered on, press and hold for 1.5 seconds to power off. Short press to switch between modes.
3. During charging, the battery indicator light shows a red breathing effect. When fully charged, the battery indicator light turns green.
4. During usage, if the battery level is low, the battery indicator light will flash red, and the device will shut down after flashing 3 times.
5. The product operates on a timer for 10 minutes, and it will automatically shut down once the timer duration ends.
6. The product is automatically shut down after three minutes without operation in standby state;
7. The product is equipped with intelligent pressure feedback. During usage, if the pressure load increases, the outer ring light changes from pink to red. If the pressure load exceeds the limit, the digital display will flash, and the product will enter standby mode.

05/ Product Maintenance

1. When not in use for a long time, please fully charge the product and store it properly, put it in the original packaging box, and place it in a safe, dry, ventilated, and low temperature place;
2. When not in use for a long time, it is recommended to fully charge the product every 2 months to prevent the battery from being damaged due to power loss;
3. Keep the product clean. For daily maintenance, please wipe it with a neutral detergent and a soft cloth. It cannot be cleaned with engine oil, organic solvents or other chemical agents, let alone rinsed in water;
4. Please turn off the power before finishing using the product or cleaning it.
5. Avoid heavy pressure, and avoid scratching the surface of the product with sharp and hard objects;
6. Please press the button lightly during operation to avoid damage to the product caused by excessive force.

06/ Common Malfunctions and Solutions

- When the machine malfunctions or fails to start, please check the following items. If the product still remains faulty, please send it to the designated repair center or authorized technician for inspection and repair.
- Do not attempt to dismantle, repair, or modify this product by yourself, as it may cause personal injury and property damage.

Failure phenomenon	Causes of failures and treatment methods
Indicator light does not light up	• Check whether the battery is too low or not, and long press the power button to see if it can be turned on. • replace the battery with a new one.
Product is not working	• Check whether the battery is too low or not. • Please send it for repair if the internal parts are faulty.
The use process stops by itself	• The timing is over, please restart the product to continue using it. • The battery is low, please charge it in time and use it after fully charged.
The product runs louder	• The running-in period of the new machine is a normal phenomenon. • There may be loose parts inside the product, please send it for repair.
When the product is working there is a peculiar smell or smoke inside	• Please stop using immediately, shut down and send it for repair!
The battery life becomes shorter and the battery cannot be charged	• The battery is aging, please send it for repair and replace the battery. • Please send it for repair if the internal parts are faulty.

07/ Warranty coverage

1. This warranty is non-transferable.
2. The valid warranty period of this product is one year. from the date of purchase of the user in the warranty period with valid documents can enjoy full warranty free (appearance is not within the scope of warranty, such as postal warranty, the user only needs to pay the freight);
3. This product is only suitable for household use, the warranty scope does not include leasing industry and commercial operations.

08/ Environmental Protection

At the end of its service life, please do not discard the product together with general household waste. Before placing the product in the recycling station designated by the government, you can also send the product back to the after-sales service center of the manufacturer. The staff of the service center will treat the product in an environmentally sound manner.

The name and amount of the harmful substance in the product

Name of parts	Poisonous or harmful substance or element					
	Pb	Hg	Cd	Cr(VI)	PBB	PBDE
Outer Shell	○	○	○	○	○	○
Circuit board piece	X	○	○	○	○	○
Metal parts	X	○	○	○	○	○
Rubber parts	○	○	○	○	○	○
Adapter	X	○	○	○	○	○
Connection line	○	○	○	○	○	○
Handle cover	○	○	○	○	○	○

This form is prepared in accordance with SJ/T 11364

◆ Circuit board components include the components that make up the circuit board machine, such as resistors, capacitors, integrated circuits, connectors, and so on.

○ :Indicates that the content of the hazardous substance in all homogeneous materials of the part is below the limit requirements specified in GB/T 26572.

X :Indicates that the hazardous substance exceeds the limit requirements specified in GB/T 26572 in at least one homogeneous material of the part.

Battery Disposal Instructions

Precautions when disposing of the product:



This label indicates that this product should not be disposed of together with domestic garbage, and should be concentrated in appropriate institutions for recycling and recycling. The lithium ion battery used in this product is a valuable resource that can be recycled and regenerated. Please take this product to a professional to take out the lithium ion battery when it is used up and discard it, and hand it over to a professional organization that can recycle rechargeable batteries for disposal.

Note: Do not disassemble the battery yourself, so as not to damage the battery, cause leakage or short circuit may lead to injury to the fire!

Environmentally friendly use term description

The term of 10 years for the use of the electronic and electrical products under the conditions described in the instruction manual without leakage of harmful substances or elements, pollution to the environment or serious damage to human life and property.



The number in this label indicates that the environmental protection service period of the product under normal use condition is 10 years. Some parts may also have green life labels. The green life shall be determined by the number in the labels.

Environmental protection proposal

Dear User

Hello!

Earth is our common home, is also our only home, health is our common pursuit of the goal. For the healthy growth of you and your family, let us together to maintain our environment, our only living environment!

Our Environmental Policy:

1. Comply with environmental laws and regulations.
2. Carry out the reduction campaign of resources, provincial energy and waste in all areas of the enterprise
3. Gradually reduce environmental pollution on the existing basis and promote the improvement of the surrounding environment.
4. Combine environmental protection with enterprise development.
5. Encourage employees to seek further improvement of the environment and take positive measures.

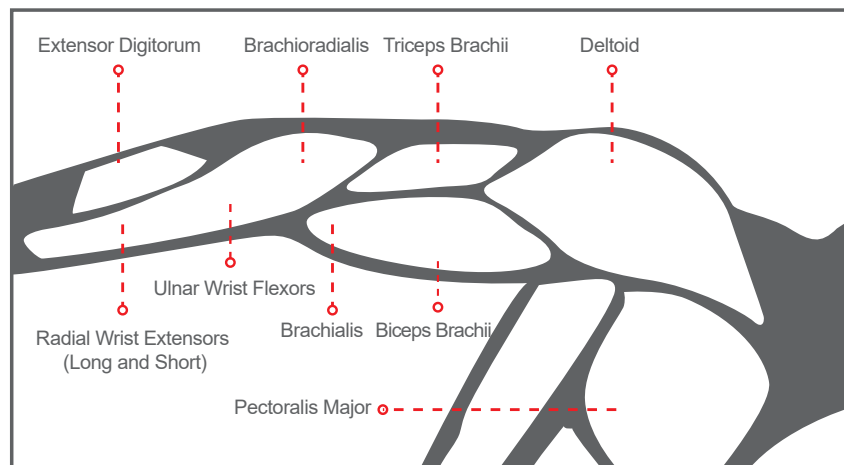
Please deal with the packaging of our products according to the following requirements

No.	Packing Items	Shape	Can be recycled	Processing Mode	Remark
1	Outer Carton	Solid	Yes	You can take it to your local recycle station	
2	Styrofoam				
3	Plastic packing bag				
4	Packing bag				
5	Bubble wrap				

09/ Detailed Instructions for Local Muscle Use

Massage Location: Arm

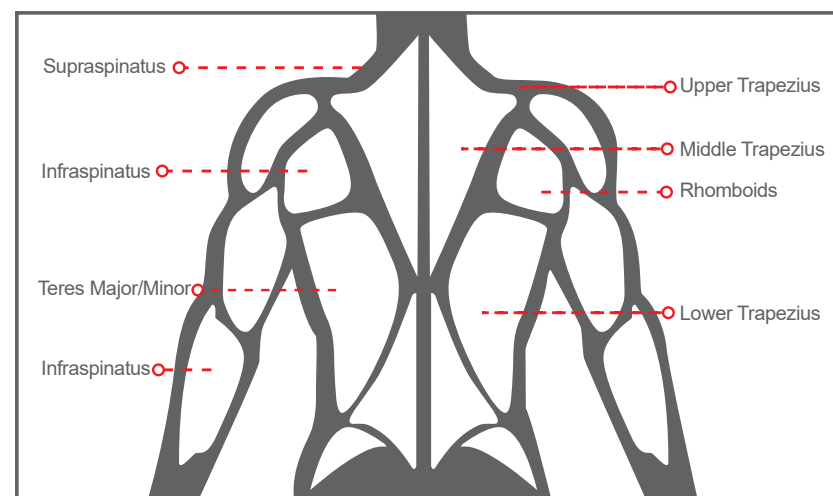
Caution: Do not use on the neck, armpits, upper arms, or the inner side of the clavicle.



Brachioradialis-----	10-15s	3 times	Deltoid-----	12-20s	3 times
Radial Wrist Flexors -----	10-15s	3 times	Pectoralis Major-----	12-20s	3 times
Palmaris Longus-----	12-15s	3 times	Ulnar Wrist Flexors -----	10-15s	3 times
Extensor Digitorum -----	05-10s	2 times	Radial Long Wrist Extensor----	05-10s	2 times
Radial Short Wrist Extensor----	05-10s	2 times	Biceps Brachii -----	12-20s	3 times
Brachialis-----	12-20s	3 times	Pectoralis Major -----	12-20s	3 times

Massage Location: Shoulder

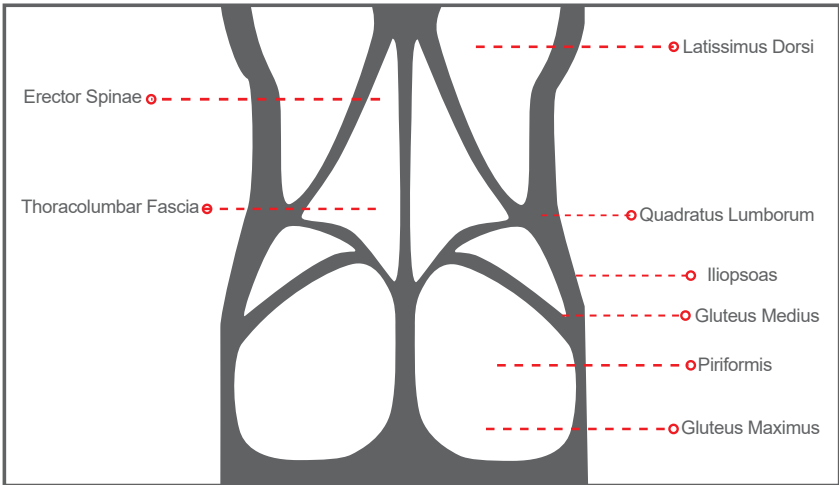
Caution: Do not use on the neck, armpits, upper arms, or the inner side of the clavicle.



Triceps Brachii-----	15-20s	3 times	Teres Minor-----	10-12s	2 times
Levator Scapulae-----	20-30s	3 times	Middle Trapezius -----	10-12s	2 times
Rhomboids -----	15-20s	3 times	Infraspinatus-----	10-12s	2 times
Teres Major-----	15-20s	3 times	Lower Trapezius -----	10-12s	2 times
Upper Trapezius -----	10-15s	3 times	Supraspinatus -----	10-12s	2 times

Massage Location: Waist

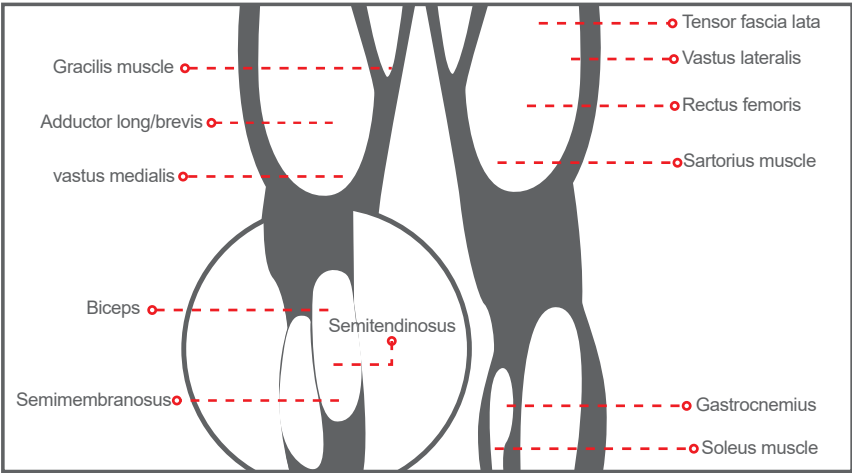
Caution: Do not use on the neck, armpits, upper arms, or the inner side of the clavicle.



Erector Spinae (Lumbar Region)	30-60s	4 times
Quadratus Lumborum	20-30s	2 times
Latissimus Dorsi	30-60s	4 times
Iliopsoas	20-30s	3 times
Thoracolumbar Fascia	40-60s	3 times
Gluteus Maximus	30-60s	4 times
Gluteus Medius	30-60s	4 times
Abdominal Obliques (Internal and External)	10-15s	2 times
Piriformis	60-90s	1 times
Erector Spinae (Thoracic Region)	15-20s	2 times

Massage Location - (Leg)

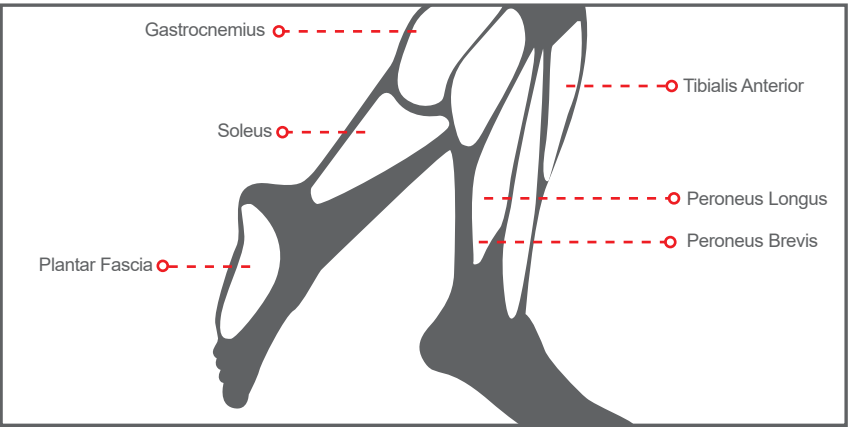
Caution: Please avoid using on the neck, armpits, upper arms, or the inner side of the clavicle. Massage position-(Legs)



Semimembranosus	20-30s	3 times	Sartorius	30-45s	2 times
Vastus lateralis	10-15s	2 times	Adductor longus	30-45s	2 times
Gracilis	10-15s	2 times	Tensor fascia lata	30-45s	1 times
Vastus medialis	10-15s	2 times	Rectus femoris	15-20s	2 times
Adductor brevis	30-45s	2 times			

Massage Location - (Foot)

Caution: Please avoid using on the neck, armpits, upper arms, or the inner side of the clavicle



Gastrocnemius	20-30s	3 times	Peroneus Longus	15-20s	2 times
Soleus	20-30s	3 times	Peroneus Brevis	15-20s	2 times
Tibialis Anterior	15-20s	2 times	Plantar Fascia	20-30s	3 times