and button e right : Notification unction Menu List

Press and hold for 2 seconds on the main screen to enter the watch face switching interface, swipe left and right to switch the watch face to be selected, and click the selected watch face. You can also switch by rotating the button in the upper right corner.

Shows the number of steps, calories and activity time on the day, and the goal can be set in the APP.

Sports mode options: Walking, Running, Cyclir Skipping, Badminton, Basketball, Football, etc Click the icon to start the exercise.

This interface saves your recent exercise record and you can view data such as exercise duration, total steps, total calories, heart rate, and Total distance during exercise.

This interface displays the sleep monitoring sta of the day, the data is updated everyday, and th data can be uploaded and saved synchronously by connecting to the App.

Exercise records

Control panel

C8 Max User Manual

Please read this manual carefully befor use and keep it for future use.

gularly, especially its inner side, and keep it dr ghtness to ensure air circulation. ct should not be used for the wrist wearing th

Device maintenance

Clean the smart watch re, Adjust the smart watch ti Excessive skincare produ smart watch. Please cease wearing the discomfort.

unction introduction

C

Function introduction

Function introduction Turn on the timing detection on the App, and the interface displays the heart rate data of the day; When entering the blood pressure measurement interface, the green light at the bottom lights up to start the measure-ment, and the measurement is completed within 30 to 60 seconds. The measurement at this time is based on the PPG technology.

Function introduction

Blood oxygen

one Call

Al Voice

Stock

You can click the button to : and your mobile phone will you said. For example, opei or ask today's weather

introduction

You can find the stock cod mobile app. You can choose up to 6 sto

You can swip function.

intr Shutter

Muslim

introduction

This function can view the physiological cycle of w

After the watch is connected to the App and the location permission is turned on, this is the case. The weather interface will display the real-time weather temperature and weather type.

※ You need to connect to the app before you can it.

Turn on the push of relevant information on the App side, and the watch side can receive the correspon-ding message push, and the upper limit will be autom atically over written.

Can control the phone's music playback.

When entering the blood oxygen measure-ment interface, the red light at the bottom lights up to start the measure-ment, and the measurement is completed within 30 to 60 seconds. The measure ment at this time is based on the PPG technology.

By using heart rate and HRV as parameters and pressure algorithm, the current user's pressure value can be obtained.

You can see the Recent Call, Dial Pad, and this interface.

Function

unction introduction

Calculator

Vibrate & Ring: You can choose mute, vil vibration, and the strength of vibration. DND Mode: You can turn on/turn off the Do Not Disturb mode.

Phone Call: You can turn on/turn off the audio and the phone call function reset.

Function introduction

Notification introduction

It can be turned on in the App [Health-Reminders to Move]. oal Achieved When your daily steps reach the goal you set in the app, it will remind you that your goal has been achieved. Common problem handling Watch won't turn on Please press and hold the power button for more than 3 seconds.
Maybe the battery is too low, please charge it in time. Bluetooth is not connected or unable to connect

Please try to restart the watch and reconnect. Please try to restart the phone's Bluetooth and connect again. Do not connect the phone to other Bluetooth devices at the same

/blood oxyge

er the guidance of their parents to

- Generally, it is caused by poor contact between the sensor of the watch and the human body during measurement. - Please make sure that the sensor is in full contact with your wrist during measurement. - Please have to body still and the watch close to your wrist during measurement. Why can not take a hot bath with the smartwatch? P.S. The bath water has a relatively high temperature, and generates a lot of vapor which is in the gas phase with small molecular radius and can easily infiltrate into the smart watch from the shell gap. When the temperature drops down, the vapor will condensate into liquid-phase droplets which will easily cause the short circuit inside the smart watch and damage the circuit board and then damage the smartwatch. **Precautions** Do not disassemble, repair, or modify the product without authorization not violently bump the product, so as not to cause damage to the bduct. Please avoid strong magnetic field, direct light or high temperature environment. This product is not used for disease diagnosis, treatment and prevent purposes. The waterproof rating of this product is IP68, avoid prolonged immersic in water. Please avoid wearing the watch strap too tightly and keep the place w the watch comes in contact with the skin clean.